

PURCHASE  
ONLINE ON  
OUR WEBSITE



[www.aquardens.it](http://www.aquardens.it)



045 6706868



[massage.beauty@aquardens.it](mailto:massage.beauty@aquardens.it)

AQUARDENS SPA  
Via Valpolicella, 63 - S. Lucia di Pescantina (VR)

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OUR BEAUTY  
TREATMENTS

#### CONDITIONS FOR CANCELLATION

Appointments can be canceled up to 24 hours before the respective treatment, otherwise the purchased voucher will be canceled. We rely on your understanding.

#### WARNINGS

If you have specific pathologies or are under medical treatment, please inform us when booking the treatment. Also, please inform us of ongoing pregnancies when booking treatments, as not all treatments are suitable for pregnant women.

AQUARDENS  
MASSAGE & BEAUTY

A MOMENT FOR YOU...







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AQUARDENS IS ALSO...

## MASSAGE & BEAUTY

The Massage & Beauty offers **endless possibilities for well-being** to rediscover relaxation and perfect shape: face and body treatments, fitness programs, and extraordinary massages that provide an **unforgettable sensory experience**.

All treatments harness the beneficial properties of **our thermal water**, encapsulated in the **line I Segreti Termali**.



If you are undecided about which type of treatment to choose, our Beauty Therapists will guide you towards the treatment that suits you best.

### Aesthetic Services

The offer is completed by a line of classic aesthetic treatments for face and body.

BOOKINGS

[www.aquardens.it](http://www.aquardens.it)

+   045 6706868

 [message.beauty@aquardens.it](mailto:message.beauty@aquardens.it)

# | SHORT

**35-MINUTE** MASSAGE OR TREATMENT

## MASSAGES

### PARTIAL RELAX

Massage dedicated to the back of the body, to relieve the sensation of heaviness in legs and back.

*\*also available for children*

### FOOT RELAX

Relaxing foot massage, to remove tension and heaviness.

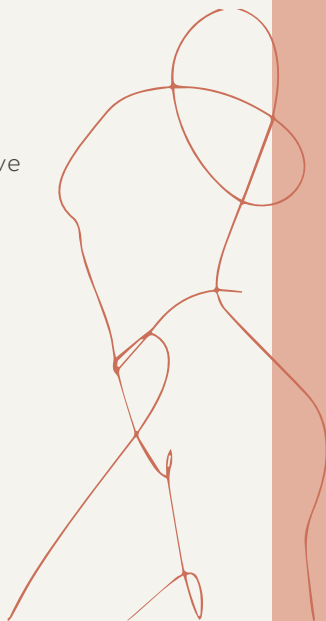
### FACE LIFTING

Stimulating face massage, to counteract deep wrinkles. Relaxing and plumping.

## TREATMENTS

### BODY SCRUB

Body exfoliation for soft and velvety skin.



# | LONG

**75-MINUTE** MASSAGE OR TREATMENT

## MASSAGES

### HOT STONE

Massage performed with hot basalt stones to relieve muscle tension and pain, stress, and insomnia, promoting excess fluid drainage and overall relaxation.

### SHIRODHARA

Full-body massage involving a gentle stream of warm oil on the forehead. It induces a state of deep relaxation, calms the mind, enhances memory, and improves concentration.

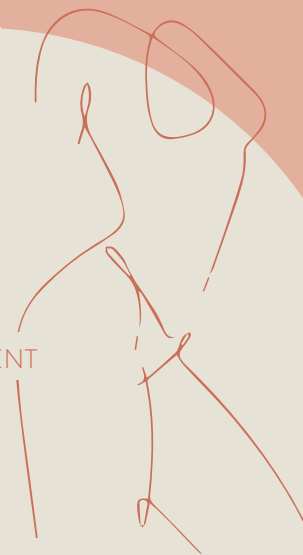
### AYURVEDIC LONG

Involves gentle and deep techniques on the body, face, and head to release tension and leave a sense of overall well-being.

## TREATMENTS

### FACE LIFTING

Firming and anti-aging treatment to instantly define facial contours, plump the skin, and smooth wrinkles.



# | CLASSIC

**50-MINUTE** MASSAGE OR TREATMENT

## MASSAGES

### RELAXING

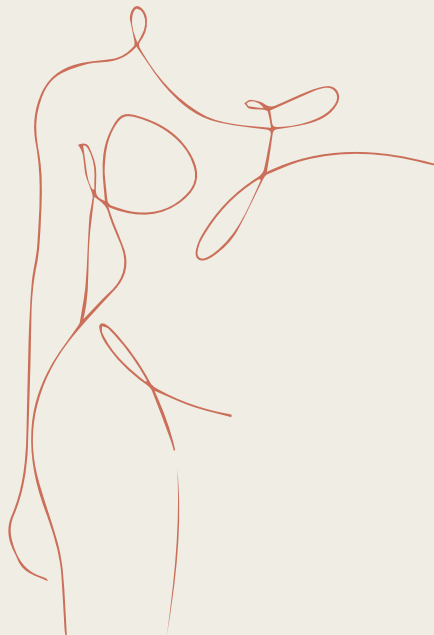
Relaxing massage, to take a break and feel lighter.

### EMOLYMPHATIC

Massage mainly performed on the legs, for a feeling of lightness. It reduces water retention and reactivates circulation.

### AYURVEDIC

Involves body, face, and head with gentle and deep techniques to release tension from the body and provide flexibility to the whole body.



## TREATMENTS

### MOISTURIZING BODY

Body wrap enriched with vitamins and hyaluronic acid to awaken cellular energy, quench, and rehydrate the skin.

### SHAPING BODY

An intensive program that shapes localized adiposity and firms tissues while maintaining their softness. Composed of scrub, cupping, and thermo-active cast.

### FACIAL CLEANSING

An essential treatment for all skin types, ensures the removal of impurities and gives radiance to the skin, using targeted products.

### PERSONALIZED TREATMENTS

Moisturizing, soothing, sebum-normalizing, or anti-aging? Our team of experts will guide you in choosing the most suitable facial treatment to meet the needs of your skin.

# | PLUS

**50-MINUTE** MASSAGE OR TREATMENT

## MASSAGES

### LOMI LOMI

A sensation of gentle waves moving over the entire body to relax the muscles and loosen the joints.

### CALIFORNIAN

A gentle massage with fluid movements and specific aromas to reduce stress and provide a pleasant feeling of deep well-being.

### SHEA BUTTER

An enveloping and relaxing massage performed with shea butter for a replenishing effect and deeply nourished skin.

### MUSCLE RELAXING

A massage focusing on the lower limbs and back to relieve muscle contractions and tissue tension.



## TREATMENTS

### MATERNITY

A specific massage suitable for expectant mothers to stimulate circulation, drain excess fluids, and prevent or alleviate any back or leg tensions.

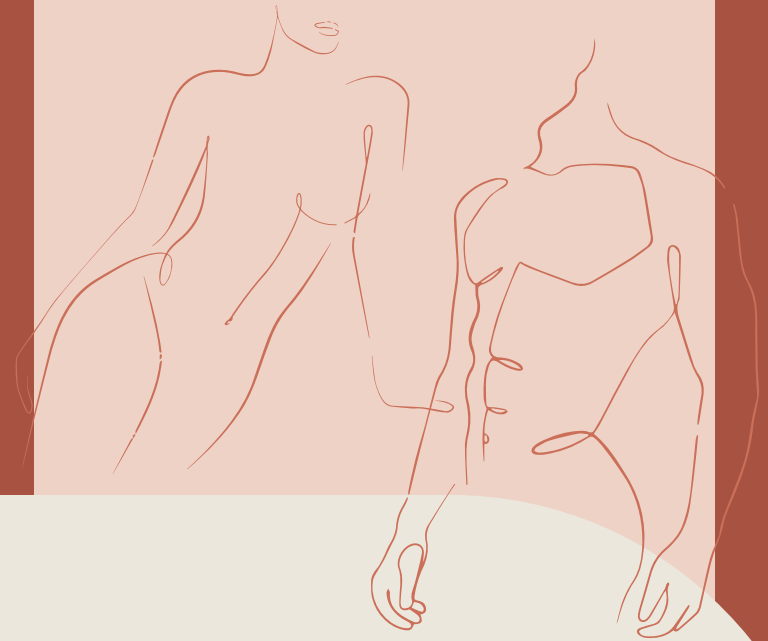
### COUPLES MASSAGE

A special couples massage with a fusion of sounds, fragrant essences, and deep techniques for a pleasant feeling of well-being.

# PRIVATE SUITE

## 2 PEOPLE

In all our Private Suite fruit and sparkling wine



### PRIVATE RELAX

DURATION **2 HOURS**

A 2-hour stay in the Private Suite “Water and Fire,” with a Turkish bath, sauna, steam bath, and a Japanese bed (tatami) for relaxation.

### PRIVATE LOVE

DURATION **3 HOURS**

A 3-hour stay in the Private Suite “Air and Earth,” with a relaxing and anti-stress couple massage using warm and fragrant oils. The Private Suite “Air and Earth” features a steam bath, Finnish sauna, whirlpool tub, comfortable waterbed, and 4 themed wellness paths with music, colors, and fragrances.

### PRIVATE DELUXE

DURATION **2 HOURS**

A 2-hour stay in the Private Suite “Air and Earth,” with a steam bath, Finnish sauna, whirlpool tub, comfortable waterbed, and 4 wellness paths themed with music, colors, and fragrances.

### PRIVATE HAMMAM

DURATION **3 HOURS**

A 3-hour stay in the Private Suite “Water and Fire,” with a Hammam ritual. The Hammam Ritual is a purification journey for the body that includes a steam bath, followed by exfoliation, clay treatment, and a relaxing massage. The Private Suite “Water and Fire” features a Turkish bath, Rassoul sauna, steam bath, and a Japanese bed (tatami).